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16th May 2017



By Shae Ford

Bendigo Bank

In last month's article 'Bunyip has questions, but not a lot of answers' I mentioned we were asked to fill in a form at the Hanson's Community Information Session held on 23rd March. The areas of concern I highlighted on the form about the proposed superquarry that is expected to extract up to 2 million tonnes of granite yearly, were as follows.

- Too many vehicles for the area creating increased danger on freeway; extra diesel pollution for the area landing in creeks and surrounding land.
- Quarry creates carcinogenic dust for area, in particular will float down to Bunyip, increasing disease in humans and livestock.
- Native plants and animals are at risk from extra traffic in area.
- No one wants to visit a big dirty hole. Cannibal Creek is a well visited ecotourism location and the quarry will ruin this.
- The sheer size of the land to be used by Hanson is valuable farming land and home to unique flora and fauna. How will they replace this lost land?
- Hanson talks jobs but are they going to specially employ locals for quarry jobs?
- Why was Hanson allowed to purchase land on premise of Agriculture and now is allowed to push the community in to a quarry. How can they already being doing test drilling?

And finally, why hold an information session where no answers were being given?

I received a general email back from Stephanie Salinas, Project Development Manager on 27th April stating, "One of the issues raised by several community members in attendance was their preference for the proposed project to be named Bunyip North Quarry rather than Garfield North Quarry." So the Department of Environment, Land, Water and Planning (DELWP) endorsed the name change and it's now called Bunyip North Quarry. It's good that the name now reflects the actual area the quarry will predominately be in, but I can't help but feel it really should have been at the bottom of the concerns that were presented to Hanson at the Information Session.

Hanson will be undertaking some preliminary studies over the next two months of groundwater, air quality, ecology and traffic to assist the Technical Reference Group to ascertain the scope and most appropriate methodologies for the study program to be undertaken through the EES process.

To make it easier for your concerns to be heard, there is a pull-out letter at the back of this newsletter to be sent to the Minister for Planning. Or you can visit <u>www.stopthebunyipnorthquarry.com</u> and sign the <u>change.org</u> petition to Daniel Andrews.

Photo 'Mt Cannibal' by John Graham

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Bunyip & District Community News

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For further enquires or to place an advert please email <u>advertising@bunyipnews.org.au</u> or call **0498 852 137**.

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You can leave your ads and news articles in the **collection box**, which is located outside IGA. Please follow the instructions below to place an ad.

- 1. Ensure your ad is clearly written or printed.
- 2. Enclose your ad in a sealed envelope along with correct monies.
- 3. Write your name, email and/or phone number on the front, along with type of ad required.
- 4. Place your envelope in the slot before **deadline** (2nd Tuesday of each month).

Alternatively you can leave your ad / article with the Bunyip & District Community House.



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Please support our local advertisers, as without them there would be NO community newsletter. Let them know you found them HERE!

Bunyip Strikers vs Casey Panthers

By Roman Kulkewycz

The Bunyip Strikers hosted the Casey Panthers recently at the Bunyip Recreation Reserve. It was an exciting game that saw the defences from both sides play strong football making it extremely difficult for the forwards to penetrate.

The Casey Panthers scored a goal in the opening minutes of the game and another during the second half. Kieran Lenders was the sole goal scorer for the Bunyip Strikers. The final score was Casey Panthers 2 to the Bunyip Strikers 1.



Bunyip Striker Gareth Davies in perfect position to kick the ball away from his Panther opponent.



Bunyip Striker Patrick Lokujong battles with passion for the ball against his Panther opponent.



Bunyip Striker runs in to block a kick.



Although the ground was in good condition following the rain earlier in the week, the referee for the Reserves game shocked and disappointed players and officials from both sides when she cancelled the Reserves game citing the reason that if the Reserves game went ahead then the ground would be "chopped up "and unplayable for the Senior game.

Photos by Roman Kulkewycz





Bunyip Striker Spencer Nebel arrives in time to make a contest for the ball.



Bunyip Striker Steve Kehayas (R) slows down his Panther opponent to allow teammate Johnny De Melo a clear run of the ball.

Talkin' Fishin'... Moving on

By The TackleMan®

Having mates all over the countryside, living in strategic fishing locations, is a bonus. Good company, good conversation, good fishing with a place to crash is great. Though I found, even with a willingness to return the favour to them on their journeys around the state, it's important to remember not to wear out your welcome.

From Melbourne, above Eildon Dam, you will find Mansfield. It's one of those places where nature puts on a display of its finest scenery and waterways running through farms and paddocks, all to meet up in Lake Eildon which regularly changes its water level with snow melts and rainfall. The great thing is it's all just down the road with comfortable lodgings in any direction. The scenery is also to die for. It's as though you're looking at a photo of English fields and rivers, skirted by willow and poplar trees in all their autumn glory.

On display is some of the largest Eucalypt gum trees I've ever seen that tower over small streams holding the banks together. Even if you don't get lucky enough to land a fish, the view is enough to satisfy any nature buff and sometimes even taking your attention away from the task at hand of angling.

Local volunteer efforts have managed to establish breeding and rest stations along the river in the form of layered and stacked stone walls and pools, like those seen at Bright in the Ovens River. A fine job too! I'm sure the fish really appreciate the thought and want to make it a regular place to stay and return to... and that's the whole idea!



Another good reason is to visit a different fishing area is the local tackle shops. Checkout any new lures or tackle you may not have yet. But you don't need an excuse to add to the collection as they're only small things and easy to hide in your tackle box... hardly noticeable really. It's not like trying to hide a new handbag or shoes, that would be a hell of a job.

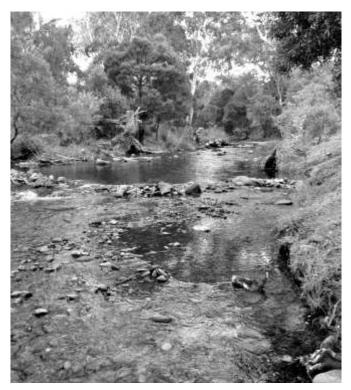
It's a good idea to get some local and reliable information about spots to fish and where they're biting at the moment. It always changes, especially the day before you got there.

Positioned around the circumference of the lake are towns like Delatite, Howqua, Jamieson, Bonnie Doon, and Eildon itself. With its iconic weir irrigating the farms downstream, and drawing water from the mighty Goulburn River, all of these towns offer great fishing opportunities. But extend yourself to higher plains into the rivers, streams and creeks, and you open up whole new experiences in remote locations still worth exploring.

Remember to always leave it as you found it. Take your trash out and respect the properties, private or state owned, as we are all responsible. Well some aren't or I wouldn't need to say it!

Catcha...





BUNYIP & DISTRICT COMMUNITY NEWS



Your invited to the Garfield Angling Club's prawn and beef night to be held on

Saturday 17th June at 6:30pm

at the Garfield Golf Club, 180 Thirteen Mile Rd, Garfield

Tickets are only \$50 each Children under 12 are \$10 each

Singer Jae Rowbotham will entertain you and there will be door prizes and seafood raffles.

Come along for a fantastic night out!

Tickets are available at the Garfield Post Office, or contact Tony on 0409 189 989.

f Find us on Facebook

Garfield Angling Club Inc.



Kids in the kitchen

By Kristie Heyden, Nutrition Student

I am currently studying nutritional medicine and am in the process of changing to food and nutritional science, as the science behind what we eat is where my passion lies. I am also a mum to three kids, and have lived in Bunyip for 2 years and am in the (very slow) process of renovating our home.

I'll be writing regular articles on nutrition each month and hope to be able to provide some inspiration as I enjoy all things about food (making but especially eating) as well as being active via weight training or yoga. I'm a bit crafty and somewhat nerdy.

I believe kids should spend more time in the kitchen. I can imagine you cringing at the thought or even screaming NO! But hear me out... sure, things will get messy, things may be dropped or even worse broken but what about the fun they will having mixing flour and eggs together to create delicious yet slightly wonky pancakes or chopping up fruit different shapes and sizes for a snack. But better yet, what about the memories and life lessons you are installing into your child's creative minds. And you never know you may even enjoy it too.

For my husband and I getting our kids in the kitchen became the answer to many food and eating issues we had had with our eldest daughter. Sure kids can be fussy about certain foods, but this was becoming a constant struggle not only at the dinner table but with her school lunchbox too. She was taking food to school and then returning it upon getting home, saying she wasn't hungry or she ran out of time.

We tried so many things to get her to eat from rewards to punishment. Nothing seemed to work. Many evenings she would sit at the table for over two hours refusing to eat her dinner.

Most nights I'd be in tears wanting her to grow up to love and enjoy food while understanding that food is nutrition that we need to fuel our body's especially a growing one. You wouldn't drive your car on empty so why do the same to your body?

One night between tears and me wanting to just give up, my husband suggested what if we get her more involved in preparing and cooking foods and teach her how proteins, carbohydrates and fats work in our body, why we need them and which foods provide them. I was happy to try anything at this point. And it WORKED!



My daughter took a real interest in cooking and the food she was preparing. She learnt that blending vegetables into meals can make them taste better. She was amazed that my green smoothie bowl contained spinach and avocado (something she would normally not eat). So much, that it inspired her to share them with her classmates last year.



Getting the green smoothie ready with spinach, avocado and banana.



Green smoothie bowl with a selection of toppings – fruit, cacao nibs, bee pollen, coconut flakes, chia seeds and puffed quinoa.

She is learning that "food is fuel" and now that she is actively involved she is eating and enjoying meal time. Since then she, along with her sister and brother, have become more involved in the kitchen. They cook dinner one night per week, they all eat a wider variety of foods and willing to try new ones, plus they are having fun.

They have learnt some great lessons while being in the kitchen which will stick with them for many years, the most important being that food is nutritious and is needed for many chemical reactions in our body to help us grow, learn and be happy.

Here are a few other reasons to get kids in the kitchen.

Kids in the kitchen (cont'd)

- Recipes are a great way to help your child improve their reading skills whilst learning how to follow instructions. Food and cooking is a great tool to visually learn fractions, addition, subtraction and division.
- Cooking contributes to a child's independence. We may want them to stay home for a long time but it's a big world out there and knowing how to cook for themselves is a valuable lesson to learn.
- Knowing how to handle knives, how to use them correctly and how to act around hot items like ovens, pots and pans are important lessons. Show these items respect otherwise you may get hurt.
- Slowdown in the kitchen and being patient is a great lesson, one that my son learnt when we baked hot cross buns and he did so well. Children will learn that when you mix things together you don't instantly get a cake but with a bit of patience and time you will.



Cooking Lebanese bread; making hot cross buns; and cupcakes from one of the kid's cookbooks.

DATE PASTE

aka Caramel Dipping Sauce

Ingredients

- 12 large medjool dates
- 1 cup water
- 1 teaspoon vanilla extra

Method

1. Add all ingredients to a hi-speed blender or food processor, then blend until a creamy consistency.

- 2. Store in an air-tight glass jar in the fridge.
- 3. Enjoy with fruit like apple or strawberries, use as a spread on toast with some banana, or drizzle over popcorn.

Note: This can be a replacement for liquid sweeteners in other recipes. If not using fresh dates, be sure to soak dried dates in hot water for about 30 minutes before blending.

- After all good things, a spot of cleaning is needed. Washing dirty dishes, putting away ingredients and cleaning up workspaces will show your child that it makes it easier to work in and looks nicer to others.
- Seeing your child's face having fun, their enjoyment and the look they experience from creating delicious foods is just the best.

Next time you are about to do some baking why not say "kids, in the kitchen" and get creative.

Bunyip Newsagency closes after 21 years

By Shae Ford

On Monday 8th May a note was sent out with the papers when delivered. The note read...

"It is with a heavy heart that we share this news with you. As of the 30th June 2017 the Bunyip Newsagency will no longer be open for business." "We would like to say a massive thank you for your loyal support over the last 21 years."

So Bunyip will soon be without a newsagency, as for the last 2 years Joe and Camilla Greco have tried to sell but can wait no longer and have decided to retire and go travelling. The couple will still remain living in Bunyip.

The last of home deliveries by the Bunyip Newsagency will be on 14th May, before Cardinia Distributions takes over the following day. On behalf of Bunyip and the surrounding district, I'd like to thank Joe and Carmela for their dedicated service to the community since 2006. You will be missed and best wishes for your travels.



Joe and Carmela Greco at the front of the newsagency (pakenham.starcommunity.com.au).



Anxiety

By Robert Jacobs, Naturopath

Every day, many individuals and many families confront anxiety. The amount of people I speak with in my clinic who are suffering from some type of anxiety would be, to some, surprisingly high. A lot of patients come to see me about a certain health issue and on further questioning say, "Oh and I suffer from a bit of anxiety." It is a health concern that can be quite confronting and therefore not dealt with.

There are many signs and symptoms that can occur in anxiety and panic attacks. They are often preceded by the feeling of being under stress; the joints may ache, there is often restlessness, the feeling of fatigue and yawning. This can be followed by the feeling of total lack of control, severe impatience and inconsolable panic. There often physical manifestations and fears.

As a health professional, I am limited as to the amount of detail of both causes and treatments for health issues in a newsletter. Therefore I will keep my writings as general as I can.

The causes of anxiety are wide ranging. Several of these causes or underlying factors can be as follows.

- It has been found certain foods aggravate the nervous system and moods of individuals. Included in this, I should mention abuse and overuse of substances such as caffeine and drugs.
- Emotional and/or physical traumas, be it from childhood or later in life, have a significant effect on our emotional and physical responses to stress. These traumas can have a profound effect on our life if not dealt with.
- During our life we have significant hormonal changes, and in many of us this effects our moods etc. I have many women who come to see me with menopausal symptoms, as one of the most frequent symptoms is controlling emotions which can lead to anxiety.
- Pressure of life and stress are contributing factors to anxiety attacks.
- A genetic predisposition to anxious tendency.

Neurotransmitter imbalance has been shown to have a strong influence on the behaviour of our nervous system and therefore our emotional behaviour. A significant amount of tests have shown that certain amino acid deficiencies or imbalances



have a contributing factor in the cause and therefore treatment of anxiety. While I can't be too specific, lysine, tryptophan, tyrosine, glycine and GABA, have been shown to be effective in certain cases.

Herbs such as lavender (think about how relaxing the smell of lavender is around the house), Ginkgo Biloba, Kava, Withania, Turmeric and Black Cohosh (especially on a hormonal level), are some of the herbs used in the treatment of anxiety.

Relaxation techniques, such as yoga, meditation, and relaxation massage (which I use a lot in my clinic) are all very beneficial.

Bach Flower Remedies are brilliant in assisting with the emotional side in the treatment of anxiety.

Anxiety is a complex health issue, so it is important to firstly acknowledge, and secondly be aware that there is professional assistance out there to gain good health. Oh, and by the way, talking with someone about your anxiety is the most important way to start the healing process.

If you think you might need help dealing with your anxiety, please contact your health professional or call Beyondblue on 1300 224 636 or the Anxiety Helpline on 1300 269 438.



Socialisation for puppies and dogs

By Jessie Kamperman

Many people have heard of 'socialisation', and are generally aware they need to socialise their puppies with other dogs and humans at an early age, but don't really know how to go about it. Most people tend to choose puppy school as a way to introduce their pups to others; however, done the wrong way it can be just as detrimental to your dog as not socialising them.

The main feedback I get from my clients about their experiences at various puppy schools is the trainer's approach towards socialisation. They tend to allow the puppies off lead to play, with no direction provided for their interaction with each other. And owners are not being taught the correct skills to ensure acceptable behaviour from their pups and therefore don't have the control to stop unwanted behaviour.

A common scenario when joining a puppy school with inexperienced trainers can be, when the off lead play starts, your very timid pup goes and hides in the corner trembling as other bigger dogs run at her and bounce all over her. You look at the trainer for advice and you are told, "Oh they will grow out of that", or "It's ok, they'll get used to it." Unfortunately this is a bad experience of socialisation for the pup and often the owner. It can lead to some owners becoming fearful of socialising their pups again and losing faith in any further training, potentially causing their dog to become fear aggressive and unsocial.

Another scenario is you take your lively medium to large breed puppy, who's a little rough when he plays with other dogs and unfortunately you can't find his off switch. Letting him off lead he runs amuck, running around and chasing other dogs. The trainer comes over and instead of offering advice on how to control his behaviour, quips, "He'll be worn out when he gets home." Unfortunately this is another bad experience of socialisation. Not only will this owner end up being avoided by people because the puppy plays too rough with their dogs (though most people are too polite to say), the owner will also become frustrated and avoid walking him as every time he sees another dog he'll become super excited and pull on the lead. So he'll have no opportunity to play or talk to anyone on the street, and he'll stay in the backyard.

Both scenarios are pretty sad. We tend to think that because a dog is only 8 weeks old we can't expect it to behave, but we can and the earlier your puppy starts correct training the easier the experience is on everyone. From 6 to 16 weeks old is what dog trainers refer to as the Critical Socialisation Period, and is the ideal time to socialise your pup with other puppies and adult dogs correctly, however if your dog missed this stage, it's never too late to start socialising.

Here are a few tips when looking to socialise your puppy or dog.

- Find a good puppy school with experienced trainers, and ensure they have a clear program on how they will give you the skills to socialise your pup correctly.
- When introducing your pup or dog to another, keep in mind that not every dog has been socialised, so always ask the owner of that dog if it is okay to approach.
- If you take your pup to visit a friend with a dog, make sure that dog is trained and you introduce them correctly so your pup has a good experience.
- Socialising your dog with a dog behind a fence is not appropriate.
- In a friend's house or even in your own home, it is not the role of an older dog to educate your pup in the dos and don'ts, it's yours.



Some of the dogs in training at Elite Canines.

Socialisation for puppies and dogs (cont'd)

At Elite Canines we don't have a puppy school, we work with dog of all ages and have been successful in integrating puppies with older dogs. Owners have their dogs on leads while socialising and are taught the rules of socialisation. They are also shown what to look for in their dog's body language as well as the other dog they are greeting.

Elite Canines now runs classes on Sundays at 10am at the Bunyip Football grounds at Bunyip Recreation Reserve on Longwarry Road. You are more than welcome to come and watch, and you will see our socialisation section of the class with quiet, relaxed dogs listening to their owners and being corrected if they act inappropriately. I have also helped plenty of dogs that were social initially and then may have been attacked or had a bad experience so they need help to trust again. At the moment I'm working with a German Shepherd that was attached by a couple of dogs while out on a walk and a Noodle that was grabbed by a bigger dog.

So if you think you need some help with your pooch or are interested in joining our classes, please give me a call and I would be happy to help on 0431 629 119.



Mother's Day special delivery

By Roman Kulkewycz





(L–R) Julie Abrehart in cart with residents Ruby Griffiths, Joyce Williams, Gloria Johnstone and Marie Nelson holding their Mother's Day flowers with Bosley.

Julie Abrehart from Tooradin and Lana Kerr from Blindbight arrived at the front door of Hillview Bunyip Aged Care last Friday morning with their Shetland pony, "Bosley". He was pulling a cart laden with donated bunches of beautiful flowers to present to all mothers at Hillview Bunyip Aged Care.

Bosley enjoyed all of the attention that he received from the residents at Hillview and likewise the residents loved patting Bosley.

Thank you to Julie, Lana ad Bosley for making the residents Mother's Day that bit more special and for the lovely flowers.

Photos by Roman Kulkewycz



Hillview resident Kathleen Fitzpatrick with her Mother's Day flowers and Bosley.

TALLAWARRA HOMESTEAD TONIMBUK

Did you know West Gippsland's premium accommodation is located right here in Tonimbuk?

Tallawarra Homestead in Tonimbuk, is a purpose built, adults only venue, offering luxury accommodation and exceptional service, and all the extras you would expect from a 5 Star hotel.

We believe it's the little things that will make your stay at Tallawarra Homestead special!

> Check out our guest reviews on TripAdvisor's 5/5 Rating.



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To enquire about bookings, please contact Andrey on 03 5629 8523 or 0437 197 796.

You can also book online on our website www.tallawarraaccommodation.com.au or email info@tallawarraaccommodation.com.au.

355 Ellis Road, Tonimbuk VIC 3815

Bunyip Motors relocates to new site

By Roman Kulkewycz

Bunyip Motors has recently relocated to spacious new premises at 24 Bunyip-Modella Road, Bunyip. Owner Brendan Sheedy said the newly constructed workshop features three large service bays with hoists that will enable faster and more efficient mechanical repairs and service for customers. Bunyip Motors can still be contacted on the same number 03 5629 5398.

Bunyip Motors provides complete "Bumper to Bumper" service and specialises in all mechanical repairs to all make and model cars. New tyres can be fitted and balanced too.



Brendan out the front of 24 Bunyip-Modella Road, Bunyip.

Brendan is a very honest man and is an asset to our town. He and his wife have a young family and his girls attend Bunyip Primary School. So please support your local mechanic and book your next service at Bunyip Motors.

BUNYIP MOJ

24 BUNYIP-MODELLA ROAD, BUNYIF

03 5629 5398

Photos by Roman Kulkewycz





New service bays at Bunyip Motors.



Snow Train travelling between Bunyip and Garfield on its return to Melbourne.

Steaming through Garfield

By Roman Kulkewycz

The 'Snow Train' ran from Southern Cross Station on the Gippsland line last Saturday 13th May, and created much interest amongst locals who gathered along various vantage points to get a good look at the train as it passed through.

The vintage train has been fully restored by Steamrail as part of Victoria's rail heritage and is fully authentic, not a re-creation. Their fleet of heritage steam locomotives date from 1889, while the carriages date from 1906. The train has beautiful timber panelling, a licensed bar and buffet car.

Our town is even mentioned in Steamrail's brochure, "The locomotives will work hard as we climb through the green Gippsland hills around Bunyip, Longwarry and Warragul..."

If you're interested on travelling on this train visit <u>www.steamrail.com.au</u> for more information.

Photo by Roman Kulkewycz

Mind matters with Jessica – Family, friends and foes



By Jessica Peters, Pomegranate Mind Therapy, Hypnotherapist and Life Coach

Mother's Day was an absolute delight for me this year. I enjoyed spending the morning in my daughter's Prep classroom and sharing in the morning tea she made for me. I received some lovely home-made gifts. We also had the traditional family gatherings involving lots of people and of course lots of food and drink. On the whole the experience was quite pleasant, but I know for many other families big gatherings can be more like torture than enjoyment.

So why do so many families experience conflict? The main reason for conflict is a lack of self-awareness; people reacting rather than responding.

Your behaviour is described as the way in which you conduct yourself, especially in relation to others. Because we are creatures of habit and pattern, a large percentage of our behaviour is what can be labelled unconscious, or automatic if you like. This enables us to go about our daily lives with a matter of safety and efficiency. It's also what determines our comfort zones.

From an automatic or unconscious mindset, we complete tasks without need for conscious mind processing, for example; we can tie our shoelaces, drive a car, get dressed, all without thinking about the steps needed to do so, and without any need to analyse the consequences of these 'safe' actions.

When you interact with others in an 'automatic' or 'unconscious' way, on a deeper level you have little concern for the other person and no thought for the consequences or outcome of the interaction. The automation is controlled by the ego, which is always on the lookout for its own interests. When the ego is in control, the person will have no problem to criticise, control, supress or belittle others in order to achieve what he/she wants. It's not because they are just a 'horrible' person, but their level of development is so ego centred as such that they don't have the capacity to think of other people. Their primary focus is their own survival.

When the people who are closest to us behave in such a way, it can be very upsetting. It is very easy to get angry and frustrated in response to their actions. However, staying calm and not reacting is the key to improving such relationships. A reaction on any level simply fuels the fire, giving the person more energy and often makes the behaviour worse. It can be helpful to try to understand why the person is behaving in such a way. In my experience I have found that 'hurt people' tend to be the ones that hurt people. It's because they are feeling threatened, weak, hurt or sad somewhere underneath and they are reacting to those feelings they have inside and not to you or the present situation at all.

It's very important to remember that you will continue to suffer if you have an emotional reaction to everything that is said to you. True power is sitting back and observing everything rationally. True power is in your restraint. If the words of others can control you, that means everything else controls you. Breathe and allow things to pass. Clarity will come with reflection of this practice in your daily life.

Please remember to send your article suggestions to <u>jessica@pgmt.com.au</u>. I really would love to hear from you.

Did you know?

Hypnotherapy is very effective to facilitate behaviour change. Please visit the Facebook page to book your first complimentary consultation.





"We cannot change anything, unless we accept it." C.G. Jung

'Mountain Boy' written by Jim Connelly

By Roman Kulkewycz



I first met Jim Connelly in Maffra, a dairying town of about 5,000 people dependant on dairy farming; situated 220km east of Melbourne. I lived in Maffra for 44 years before moving with my family to Garfield. Jim was Maffra's Anglican minister. He is now retired from the ministry and lives in Warragul with his wife Anne.

Author Jim Connelly holding copies of his children's book.

Jim lived in Garfield as a boy and young man. A former teacher at Garfield State School, his best memories of Garfield are playing football and cricket for the Stars and spending countless hours on Mount Cannibal. 'Mountain Boy' is Jim's fourth book for younger readers, published in November 2016. His books are published in US, UK and Australia, and are available through Amazon and eBay.

The following book review of 'Mountain Boy' was written by Sue Fordham.

As I read this book, targeted at the early teen market, my inner child came to life. It is a story about a boy with cerebral palsy who pits himself and his disability against, what is for him an unclimbable Gippsland mountain, in order to find his identity and please his father who is estranged from the family.

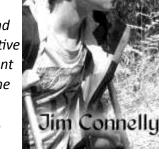
For the child reader, this book is a fast paced adventure of self discovery. For the adult reader, it is more of an allegory about the human condition: the cerebral palsy, our human weakness; the mountain, the challenges in life that threaten to overwhelm; the actual climb, the taking on of the challenge. In truth, the book is more about 'ability' than 'disability'.

The boy, 11 year old Brock Cammidge, attends a specialist school for disabled children in suburban Melbourne and comes with his school mates to Garfield North to attend camp at the base of Mount Cannibal. He is one of a group who is assigned to the horse riding for the disabled option because his disability precludes him from the mountain climb and he is bitterly disappointed by this. He decides to defy his teachers and do the climb on his own.

On a purely practical level, this book with its larger print and ample line spacing would appeal to the younger reader. The density of words doesn't overwhelm. (This is also a bonus for the older reader as well.) As a lover of the 'hard copy' format, I also find the cover extremely attractive.

But these considerations, welcome and all as they are, are cosmetic. More significantly, the book works because of a number of other things.

The prose is direct, using short, punchy sentences. The writer, without being obvious, makes the reader aware of the nature of cerebral palsy, the limitations it imposes and the nature of the corrective and supportive equipment involved for victims of the disease.



Similarly, the integrated roles of the emergency

services in a rescue are effortlessly conveyed in the telling of the story. There is real knowledge supporting the prose.

The achievement of this compact and balanced story lies particularly in the acuteness of the observation. On page 18 and later in chapter 8 the mountain comes alive as a looming animate presence of mystical proportion. So too does Brock's imaginary friend John Peter and the kookaburra who become spirit guides as he tests the prophecy of the mountain: "There will come one who dares and there he will find himself."

The book is replete with similarly truthful observations. When You read the following description of a car coming behind you in the dead of night with its high beam on you are struck by how right these words are:

"The light became brighter. The tops of the trees lit up like daylight."

This is just one of the many sharply observed descriptions in this story.

'Mountain Boy' written by Jim Connelly (cont'd)

Before the mountain challenge, Brock is the limited, marginalised boy, the boy who draws in black and white, whose world has no colour. After the climb his world takes on the colour of possibility.

The child in me loves the ending. The adult is more sceptical. There is a touch of 'Picnic at Hanging Rock' about this book. It would make a lovely film and it would make a lovely gift for an early teen relative. It is a book that needs to be shared. This is a book about the big picture issues of what it is to be human set in our own Gippsland back yard. Let's celebrate that. Locally 'Mountain Boy' is available at the Garfield Newsagency, Need2Read in Warragul, the Drouin Newsagency, the Cannibal Creek Winery in Tynong North, and Biddy Martha's Café in Bunyip. You can also purchase the book straight from Jim by emailing <u>ajcon@dcsi.net.au</u> or phoning 03 5623 6121.

The book retails at \$12 or \$15 if posted within Australia. Half of all the proceeds from sales go to Gippsland charities.

Photo by Roman Kulkewycz

The Bunyip Bakery... Where do we start?!



It has definitely been an eventful first year for us. Diving in to the unknown of a successful local business that has an established customer base and continuing on the amazing roller coaster that is the baking business.

We could not have done any of it without our loyal customers and the increasing number of new customers jumping on board... so a big thank you!

We have not only revamped our Facebook page, but have also installed an EFTPOS machine. We constantly update our Facebook with new product pictures and the 'What's happenings' of the bakery.

For anyone who hasn't had the opportunity to come in and have a look around the bakery, we have a wide range of sweets, cakes, pies and breads. Everything is freshly made daily on the premises, can be made to order and is of the highest quality. We aim to have a different flavoured pie and sweet each month. So look for the latest every month in each edition of the newsletter. Although some flavours get an extra look in if they become a clear favourite, we are always excited about new suggestions and welcome any ideas.

Our friendly shop staff, Sharen, Peter and Jessie, are very welcoming and always up for a chat. Our amazing Pastry Cook, Jenni, makes all the delectable sweet treats that no one can walk past without their mouth-watering. Her Vanilla Slice and French Vanilla are nothing but award winning. Finally the man behind the wide range of delicious pies and bread products is Alan, our Baker.

We are eager to see what the future holds for us all at the Bunyip Bakery, so come on in and check out our wide range.



Trading hours Monday to Friday 5am to 5pm; Saturday and Sunday 5am to 1pm - Open Public Holidays

Hepatitis C

By John Murtagh, Patient Education, 4th Edition, McGraw-Hill Australia

What is hepatitis C?

Hepatitis C is a virus that infects the liver. It has only been discovered in recent years and is the commonest virus causing hepatitis. About 9 in 1,000 Australians carry the virus in their blood.

How do you know if you have it?

It is diagnosed by a blood test – the hepatitis C antibody test. The result will not be positive until two to three months after picking up the virus.

How serious is the problem?

Many infections are mild, but unfortunately there is a high chance (almost 70%) of developing a simmering infection called chronic hepatitis C, which is a serious problem as it leads to cirrhosis of the liver.

How is it spread?

Hepatitis C is spread by blood, especially by sharing needles from intravenous drug use (most cases), or from tattooing and body piercing.

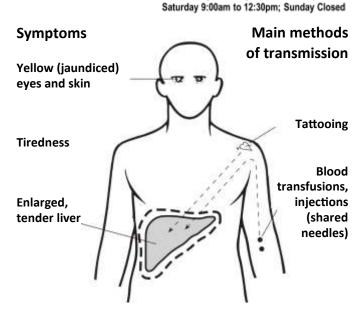
Before 1990 it was possible to get hepatitis C from blood transfusions, but since then blood from donors has been tested for hepatitis C. There appears to be a very small risk of spread during homosexual or heterosexual intercourse. It also does not spread easily through normal family or household contact so families and friends can be reassured. However, sharing razor blades and toothbrushes can spread the virus. Carriers have a responsibility to inform doctors, dentists and other close contacts about their problem.

What are the symptoms?

The symptoms vary from person to person and in many cases the infection may not cause any symptoms. Symptoms may take from 15 to 180 days to appear from the time of infection. The acute attack produces a flu-like illness with tiredness and yellow skin (jaundice). The serious chronic form comes on slowly, even after several years.

What happens with chronic hepatitis C?

Chronic hepatitis is more likely to occur with hepatitis C than with any of the other hepatitis viruses. This gradually causes damage to the healthy liver cells, causing hardening of the liver. This is called *cirrhosis*, which makes the liver fail and sometimes leads to cancer of the liver.



H STREET, BUNYIP

Monday to Friday 9:00am to 5:30pm;

Who is at highest risk?

Injecting drug users, sex industry workers, renal dialysis patients, people who received blood transfusions before testing was available (Feb-90), tattooed people, and prisoners (drug injections).

How to stop the spread of hepatitis C if tested positive?

- Do not donate blood or share needles.
- Advise health-care workers, including your dentist, about your hepatitis C.
- Do not share personal items (e.g. razors, toothbrushes).
- Wipe up blood spills with household bleach.
- Cover cuts and wounds with a firm dressing.
- Safely dispose of blood-stained tissues, tampons etc.
- Practise 'safe' sex. (Hepatitis C does not seem to spread easily from mother to baby.)

Is there a cure?

Some patients who are identified by DNA testing can be cured and there are new drugs to treat hepatitis C. Prevention is really the best 'cure'. There is no vaccine currently available.

What is the treatment?

- Rest if you feel unwell.
- Maintain a nutritious diet well balanced and low fat.
- Avoid alcohol or have only small amounts upon recovery and do not smoke.
- Keep in touch with your doctor.
- Chronic hepatitis C can be treated with interferon and other antiviral drugs in suitable patients.

The material provided is intended for Australian residents only and is provided for information purposes only.

Bunyip Animal Rescue Network (BARN)

Thank you to all who responded to calls for help back in March, regarding the rehoming of an elderly cat and the adoption of some kittens. All felines have now gone to their new families, and we wish them well as they settle into their new lives. We are especially grateful to the family who has taken in the elderly cat, allowing him to live out his days in peace and comfort after his human companion was transferred into nursing care.

The *RSPCA Million Paws Walk* is on again, **Sunday 21st May**, and Warragul is hosting an a walk again this year. It will run from **2pm to 4pm**, along the Linear Park Trail, on the corner of Burke and



Anderson Streets. Registrations are required by 1pm on the day, so be sure to arrive early if you intend participating. Details for the event can be found on the following website at www.millionpawswalk.com.au/VIC/home.

Another exciting event coming up is the *RACV Wild Bytes* in the Bunyip Hall. The Wild Bytes events are free educational sessions in regional Victoria, presented by Wildlife Victoria

and supported by RACV. Bunyip session is locked in for **Saturday 22nd July** in the afternoon, with time to

be announced. Our community is fortunate to have access to one of these events. It should be a fun afternoon and everyone is welcome. Entry is free but registrations are requested so that organisers can prepare the appropriate space. Visit the website to register <u>www.wildlifevictoria.org.au/racv-wild-bytes</u>. More details will be provided in the June BARN newsletter and flyers will be up around town in the coming weeks.

Monday 5th June is *World Environment Day* and Thursday 8th June is *World Oceans Day*. Two very important ways to help animals, especially native animals, is to take care of their habitat. Visit the international website to see what's happening locally, and around the world, to commemorate this event at <u>www.worldenvironmentday.global</u>.

Just a reminder that the BARN email address is <u>animalrescue@dodo.com.au</u>. Please use this address if you require a speedy response to your enquiry.

Visit the BARN website for more news at www.speakforanimals.info/barn-2017

"Be kind to the kritters!"

Until next time...



Find us on Facebook

ScooterinAbout Drouin

0400 565 062

Using mobility aids on public transport

By Bryan Whelan

Do you use a mobility scooter or electric wheelchair? Do you wonder if you can use it on public transport? The answer is yes. Go to either Metlink's website at www.ptv.vic.gov.au/getting-around/accessibletransport or Vline's website at www.vline.com.au/ Fares-general-info/Accessibility for more information or collect a brochure from your local station.

Provided your scooter or wheelchair meets the size specifications (1,300 mm x 800 mm) you are able to take it on a train, tram or in some cases buses.

When taking a suburban train, wait at the top of the platform where the front of the train stops. The driver will place a ramp for you to ride your scooter on to the train, and ask where you wish to get off. So don't put off travelling by public transport, it's very simple. Imagine going to the city for a day to see a friend without depending on someone to drive you. What about visiting Ballarat or Bendigo for a day or two with your trusty scooter? But make sure you take your charger with you.

Happy travelling from all at ScooterinAbout, Drouin.



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WHAT'S NEW THIS MONTH?

It's getting into those cooler months and the best way to warm up is with *Pie of the Month,* an old favourite 'Steak & Kidney Pie'

for those traditionalists out there.

Our enticing Sweet of the Month is 'Cherry Ripe Slice' and it's sure to be as tasty as it sounds!

WE NOW HAVE EFTPOS!

We took on board the many requests for the easier pay option and invested in a portable machine. Some conditions apply.

We wish to thank everyone who donated to our RSL ANZAC Appeal tin. The generosity from everyone was astounding. Thank You!

Just a reminder the *Queens Birthday* is coming up, and YES we will be OPEN.

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Wednesday Nights Parma SPECIAL

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Butcher Shop Hotel IS UNDER NEW MANAGEMENT

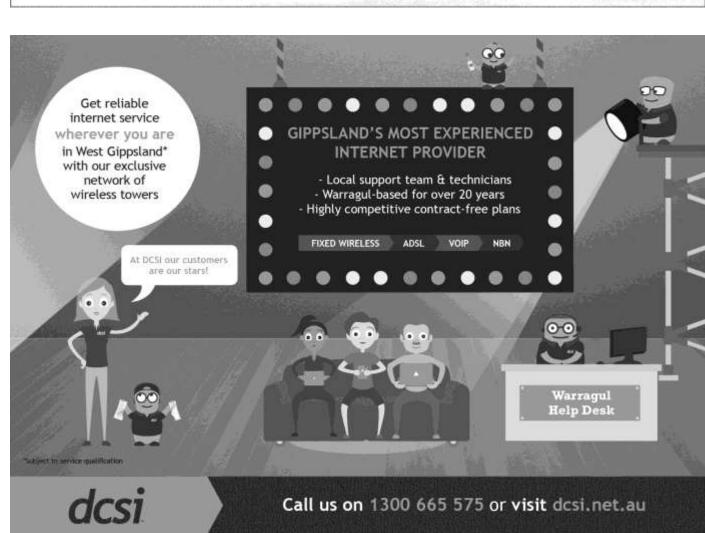
New Lunch Menu Bar and takeaway

New Menus for Bistro, Seniors & Kids

New menus and specialty nights commencing Tuesday 23rd May 2017

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Bendigo Insurance. Protect what matters to you.

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Drop into your nearest branch at 18 Main Street, Bunyip or phone 5629 6091 for a no obligation quote or cover.



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We deal with all Insurance Companies.

Contact us first and we can help with your claim. Pick up and drop off of vehicle available.



Please join us for our 5th Annual Bonfire to help fund the construction of the Nokor Tep Women's Hospital in Cambodia.

Where:	230 Wimpole Road, Bunyip North	1
When:	Saturday 3rd June 2017, 3:00pm lighting at 5:30pm with lamb spit from 6:00pm	
Cost:	\$30 per adult, \$10 per child	
	Alcohol and soft drinks supplied (at cost)
Includes:	Live music and dancing / billy tea / tractor rides / walk to waterfall a Creek, a little history and lots of fi	t Cannibal
Bring:	Warm clothes / waterproof shoes	or boots
To book:	Visit www.trybooking.com and se "Bonfire at Buneep"	arch for
	nformation please email Andrew troedel@me.com or call	Generously Supported by Bunyip
0428 039	000 or visit www.nokor-tep.net	TEN

for details on the Women's Hospital.







Dr Mamdouh Georgy Dr Melissa Kwee Dr Geoff Campbell

As well as being a well-established GP Clinic, Dr Georgy is an accredited Skin Cancer Specialist. The clinic offers Mole Mapping which is one of the most effective programs in detecting skin cancers at an early stage. Contact the clinic for an appointment.

Monday to Friday 8:30am to 5:00pm Saturday 9:00am to 12:00pm; Closed Sunday

For all appointments call 03 5629 5111

OTHER SERVICES ON SITE

Podium Podiatry	Dr Vishaan Solanki	03 5625 9388
HearCare	Mr Previn Pillay	03 5625 5155
Physiotherapy	Mr Jamie Keen	03 5625 4488
Dorevitch Pathology	Christine Kirsopp	03 5629 5962
Dentist	Dr Hany William	03 5629 5676

Growing to meet the needs of the local and surrounding communities

Bunyip Tai Chi

Beginner class starting in Bunyip early February.

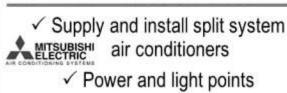
For all enquiries please contact Syd Lewis on 0438 686 098

or email lesleylewis@dcsi.net.au



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HILLCENTRE - HILLVIEW BUNYIP AGED CARE Friday 19th May at 2 pm

Blumes fashions will be showing their winter range at Hillview Bunyip Aged Care on Friday 19th May at 2:00 pm.

The range consists of knitwear, blouses, vests, slacks, jackets and much, much more. There is a great variety of colours, styles and sizes

Nothing will be over \$69.95

This is a fundraiser for Hillview Aged Care, so there will be a \$5 per person entry fee.

Afternoon tea will be provided and there will be door prizes.





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We want your stories!

Are you interested in gardening? Got some great recipes to share? Keen follower of local sports people and want to shout about their successes?

The Bunyip & District Community News is looking for committed volunteer writers for regular articles in the newsletter. If this sounds like something you'd be interested in, please email the Editor at <u>editor@bunyipnews.org.au</u> or call 0498 852 137.

If a regular gig is not your thing, then we also encourage you to submit anything you think is newsworthy, as we are always interested to hear your ideas and stories. Don't forget to include any photos you might have.



Garfield Community Op Shop

An old style op shop with old style prices, packed full of great bargains. Within our walls you will find lots of hidden treasures including clothing, shoes, toys, books, bric-a-brac, small electrical goods and furniture. Run by volunteers with all profits being directed back into the local community.

Mon-Fri 9:30am-4:30pm, Sat 9:30am-12:30pm, Sun dosed

59 Nar Nar Goon-Longwarry Road, Garfield

Garfield Community Op Shop GRANTS AVAILABLE

Local not-for-profit organisations are invited to put forward submissions that nominate projects for which they require funding. Submissions are required to outline the project by detailing the benefits expected, required funding amount and anticipated completion date. Two members of successful groups must be available to attend the grant dispersal function held in the last week of July (date to be set).

> Please send all applications to Garfield Community Shop 59 Nar Nar Goon-Longwarry Road GARFIELD VIC 3814

Applications close **Tuesday 13th June**. Groups will be notified in early July.

Shop Opening Hours Mon–Fri9:30am–4:30pm, Sat 9:30am–12:30pm, Sun closed

59 Nar Nar Goon-Longwarry Road, Garfield







n

www.garfieldbowlingclub.com

WHERE: Garfield Bowling Club, Beswick Street, Garfield WHEN: Every 2nd and 4th Sundays commencing 28th May (weather permitting) – EXCEPT 25th June TIME: Between 1pm and 3pm COST: FREE!! WHAT TO WEAR: Bare feet, flat sole shoes or socks Come and have some fun – groups welcome! Coaching available if required. Afternoon tea provided. To book call Gordon on 0432 355 352.

REMINDER PRIVATE PROPERTY



The grounds and walking tracks of Hillview Bunyip Aged Care are private property, therefore would unauthorised persons please refrain from using these areas.

LCG Congwarry Community Garden & Orchid

Longwarry has created their very own garden and orchard that people of all ages can enjoy. It is situated between Longwarry Primary School and Longwarry Hall car park with entry via Kennedy Street. The community meets each **Wednesday at 1pm** and everyone is very welcome. For more information about enjoying the garden and upcoming workshops, please call Shirley Higman on 0411 231 650.



Every Monday to Wednesday from 7:30am or every Thursday to Friday from 9:00am

Walks take about half an hour to an hour. They are for all ages and dogs are welcome. For further information please contact Linda Clarkson on **0488 550 153**



BUNYIP MEDITATION GROUP

Every Thursday from 11 am to 12 noon Meditation classes are held every Thursday morning in Bunyip. If you are interested in attending, please contact Fred on 0439 247 253 for further details.



Every Thursday from 10:00 am to 11:30 am at Uniting Church Hall, Sinclair Street, Drouin

For further information, please contact Annie on 0410 046 239 or Sue on 0428 254 568

(Playgroup is closed during school holidays)





IONA-MARYKNOLL CATHOLIC PARISH

Phone: 03 5942 5293 Email: ionaparish@dcsi.net.au

Mass times for Iona-Maryknoll Catholic Parish in partnership with Koo Wee Rup

When	Time	Location St James, Nar Nar Goon		
Saturdays	6.00 pm			
Sundays	9.30 am	St John's, Kooweerup		
	11.00 am	St Joseph's, Iona		
2nd Sunday	8.00 am	Holy Family, Maryknoll		
Every Other	9.00 am	Liturgy of the Word		
3rd Sunday	8.00 am	St Mary's, Lang Lang		
Every Other	9.00 am	Liturgy of the Word		
2020				

Please contact the Parish office on 03 5942 5293 for weekday Mass times or baptism / sacrament information.

SERVICE LOCATIONS

St James Catholic School, 60 Nar Nar Goon Rd, Nar Nar Goon St Josephs Catholic Church, 1215 Bunyip River Rd, Iona St John The Baptist School, 172 Station St, Koo Wee Rup Holy Family Catholic Church, 1 Station St, Koo Wee Rup St Mary's Catholic Church, 6 Whitstable St, Lang Lang

Thank you to a stranger

On Saturday 22nd April after having shopped at IGA, I loaded my bags into my car and I drove off; stupidly leaving my wallet on the car's roof. Mad panic of course and a road search straight away. While we were out searching, the wallet was driven out to our home and returned by a man called "Matt". I don't know him and can't find anybody who can identify him. We want him to know how very grateful we are. Thank you Matt, and please email editor@bunyipnews.org.au as there is a case of Merlot here begging your attention. Hoping to hear from you.

From all at the Bunyip & District Community News we hope all you hardworking Mums had a very





www.drouinbunyipparishuca wordpress.com



In remembrance of Les Mitchel

Longwarry UC, 7 Drouin Rd, Longwarry

Lyrebird Village, 8 Neerim St. Drouin

It is with much sadness that I say goodbye to a great friend. Les had so much knowledge about Bunyip Trucks and Machinery. I will miss our talks and the laughs we had. I am going to miss you mate.

Respected friend Doug Ronaldson

"A mother is she who can take the place of all others, but whose place no one else can take." Cardinal Mermillod

Bunyip–Garfield Probus Club

In March 2007 an invitation was extended to the residents of the Bunyip and Garfield area by the local Rotary Club to see if there was any interest in forming a Probus Club. About 50 people attended the meeting, then after a lot of discussion it was decided to start the Bunyip–Garfield Probus Club.

So on the 3rd April 2007 the first meeting was held with 40 foundation members. Ten years on and we are now celebrating our 10th Birthday with a membership of 113.

Over the years we have had interesting guest speakers covering many subjects. Our outings have taken us to various places like Australian Post Mail Centre, the township of Sunbury, theatre productions, movies and have enjoyed many lunches along the way.

The Caravan, Cabin and Travel Club have had lots of social getaways to places like Merimbula, Bright, King Island and future trip is planned to Norfolk Island. The walking group is discovering some lovely areas for walks while the coffee group enjoy their chats.

Bunyip Tennis Club Inc News

Help us fundraise for our club!

Our next big project is the re-surfacing of the four plexi-pave courts which has been put on hold for nearly 3 years due the urgent need to replace the lights and then the building of the new shared clubhouse... now it's time to begin fund-raising again!

The Big Freeze Festival is coming these July school holidays under the Big Top to Fountain Gate Shopping Centre.

Kids will get to play in the snow, ride our brand new snow slides, toss a snowball, walk through the snowfall forest, play in the winter village, get active in kids' challenge, learn circus skills, build in the construction zone, race down the polar bear slide, get creative in the igloo craft zone and take a photo in the snow globe.

Help us fundraise for our club by using the code BUNYIPTC when purchasing tickets at www.thebigfreezefestival.com.au. We celebrated our milestone with a luncheon for 100 people in the Garfield Hall which was decorated with streamers and balloons that made such a great atmosphere.



Members of the first committee along with our President cut the birthday cake that had the Probus emblem on it. We were then entertained by David Gould who sang a great range of songs with the help of some of our members. Thanks to everyone who helped make it a great day to remember.

Our Club will be forever indebted to the former Bunyip–Garfield Probus Club for their foresight and endeavour in forming our Club ten years ago.

We now look forward to continuing to expending our interests, gaining friends and having fun and fellowship in the years ahead.





Bunyip Football Club News

The Bunyip Football Club has had an exciting start to the 2017 season with the introduction of our Youth Girls Team and our Open Women's Team. Both teams have pathed a new era within the club and made history being the first women's team to play in our club colours. They have been training since August last year and were pumped to start their seasons off.

The girls won their first game in a nail biter to the end winning by two points and last weekend again won easily against Poowong Loch. The women's team kicked off their season with a game at Pearcedale where a good crowd attended to watch the ladies go at it. It was a hard fought contest and Pearcedale came our victors but the Bunyip ladies certainly made them work for it. Last Sunday we have both teams playing on Mother's Day and it was a great day for the large crowd that attended.

Our Senior footballers have also had an interesting start to the year in our new League. Sadly the Senior's have not been able to put a win on the ladder yet but with a new team and a lot of players out at the moment which has certainly made it a difficult start to the year. The Reserves have had some tight games but only had one win at this stage. Both Senior Coaches are doing a great job and I am sure in the next few weeks the boys will get some wins on the board.

The Thirds and Fourths have been travelling along quite nicely over the past five weeks with the Thirds having three wins and two loses and the Fourths winning four matches and drawing one. We have some great talent within our club and I wouldn't be surprised if you see more players from our club in the AFL ranks over the next couple of years.

This year we have had an overwhelming response from our Sponsors and I would like to thank them all for their continued support to our club. Without





their contribution we would not be able to field four men's teams and two women's team each week so from everyone on the Committee, all the Members and Players we thank you for your continued support.

The Junior Football Club has also had a great start to the year winning all games bar a draw in the U14's. Noel Mollison and his committee are doing a great job and they have some fantastic coaches teaching our younger boys the necessary skills to be successful in the coming years. With the U10's U12's and U14's battling it out in the WDJFL its worth popping down to watch these young lads play.

Last Sunday I went down to the club to watch the Auskick kids and I must say the volunteers that run this program do a great job. Andrea Robin and her team do a great job ensuring all the young boys and girls obtain the skills required to play our great game. Andrea has been working with all the parents to make this an enjoyable Sunday for all that attend, so if you have kids that want to get involved please bring them down and let them enjoy a great day of football.

The most amazing thing that has come to my attention this year that between the Auskick kids, the Junior Football Club and the Senior Football Club we have 300 men and women, boys and girls playing for our great club and that is what we are all about. It's a fantastic community club and if you want to get involved please feel free to come down anytime, we are always looking for volunteers, sponsors and workers to assist during the week and game day so get involved at the grass roots of the community and get involved with your local football club.



Rotary Club of Bunyip–Garfield



The Rotary Club of Bunyip–Garfield would like to acknowledge the wonderful contributions made by both the Garfield Primary School and Bunyip Primary School to the Wheelchairs for Kids program. This wonderful program provides wheelchairs for children in developing countries who would otherwise spend their entire life on the ground and unable to mingle and socialise with our children.

It is a testament to the generosity of the young people of today who can spare a "couple of bob" to help another young person; thanks kids, you are a credit to your families and to your schools. For more information about the program visit www.wheelchairsforkids.org.



Over the past few months the club has been involved in providing 24-hour access defibrillators in the district. Last week we officially launched the fifth and final AED at the Tynong Fire Station. This follows on from those installed at Bunyip, Garfield, Tonimbuk and Garfield North. Thank you to the Bunyip CFA and Ambulance Victoria for your expertise and support.

Finally, do you have an interest in automobiles? Do have an interest in all things automobile? Do have a car in the shed that you are proud to show off to the public? Then the 2nd Annual Pakenham Car Show is for you. Please mark 12th November on your calendar as a day to spend at the Toomuc Reserve.



Bunyip Fire Brigade – ready to serve

Autumn is an ideal time to burn off those small piles of rubbish that have accumulated over the summer. However please be mindful of council regulations before lighting up. Check the shire website (<u>www.cardinia.vic.gov.au</u>) to find out if you are permitted to burn off. Once you've checked you're permitted, then please phone the Vicfire Burn Off Notification Line on 1800 668 511. This is a FREE service that allows you to register your burn hence preventing the brigade from getting a false alarm call. If you do this then you are not embarrassed when three fire trucks arrive on your doorstep and we don't have to leave our dinner on the table.

Also, please consider the weather conditions before you light up. Is it windy? Have we had a bit of a dry spell? How close is the pile to the fence? Will the smoke bother the neighbours?

Over the past few months the brigade has been involved in a project in conjunction with the Rotary Club of Bunyip–Garfield to install 24-hour access defibrillators in our district. The fifth and final one has now been installed at the Tynong Fire Station. Thank you to all our supporters in this life saving project.



We welcome five new recruits to our ranks. After a time of familiarisation with gear and equipment they will undertake the Minimum Skills Program before being endorsed to turnout with the brigade. Currently we also have members undertaking extra courses in Structural Firefighting, with courses provided free of charge by the CFA.

There has been "talk" in the media recently about the CFA and its volunteers. Please rest assured that the Bunyip Fire Brigade, which is 100% volunteer, will always turn out to emergencies if and when required. We are here to help and protect our community. So far this year we have turned out to 40 emergencies in the Bunyip and Garfield area.

Fire Restrictions have been lifted. DO NOT LEAVE YOUR FIRE UNDATTENDED! Dial 000

Monthly local police update (24th March to 25th April, 2017)

By Sergeant Danny Hower, Victoria Police

Here are further updates on previous items we have been working on.

- The suspect loitering and criminal behaviour occurring in the rest area next to the public toilets on the service road between Garfield North Road and Gumbuya Park.
 - The State Minister for Roads, federal and state parliamentarians, as well as Cardinia Shire councillors have received the 'Safety & Security Audit' of the area – and we are working with VicRoads and Council and to improve the area. Please notify us of any 'instances' that you notice.
 - Local police night shift patrols are now known to stop at the rotunda for a nice BYO cup of coffee and biscuit whilst liaising with other police units.
- Illegal deer hunting and criminal activity in and around the Bunyip State Park areas.
 - Parks Victoria have reported 28 known incidents of crime occurring in the past two months, such as firearm offences, trespassing, gate and environmental damage, rubbish dumping and large functions / rave parties without permits.
 - Regular controlled culls with permits on private properties are continuing.

We've had some very healthy meetings and contact with AFL Gippsland Executive and local WGFNC Presidents. We congratulate these guys on the way they are going about their business.

The recent night games between Cora Lynn and Inverloch, then Koo Wee Rup and Nar Nar Goon were well attended and well run.

Bunyip police have been able to proactively make it to all local home games so far this year, and I encourage you to come and say "G'day" to our officers. Have a chat – it could be interesting.

Thanks to Cardinia Council and Councillor Moore for the quick response to road marking issues at Hope Street rail crossing in Bunyip, as well as giving support for the work we are doing with the rest area issues as previously mentioned.

Here are some of the other police things dealt with locally in the last month.

 27 criminal incidents being reported in the 'Bunyip' police response zone.





VICTORIA POLICE

- 6 people arrested and interviewed at the station.
- 8 people going to court for criminal or traffic matters.
- 19 Infringement Notices and two formal cautions issued for mainly traffic issues.
- 14 people 'Field Contacted' for suspicious behaviour.
- Investigated 2 Family Violence Incidents in Bunyip.
- Referred 7 people to other agencies for assistance with family, youth or mental health issues.
- Assisted with the search for a 49 year old lady who was reported missing in Bunyip State Park. She was found safe.
- 3 trailers reported stolen two in Bunyip and one in Longwarry.

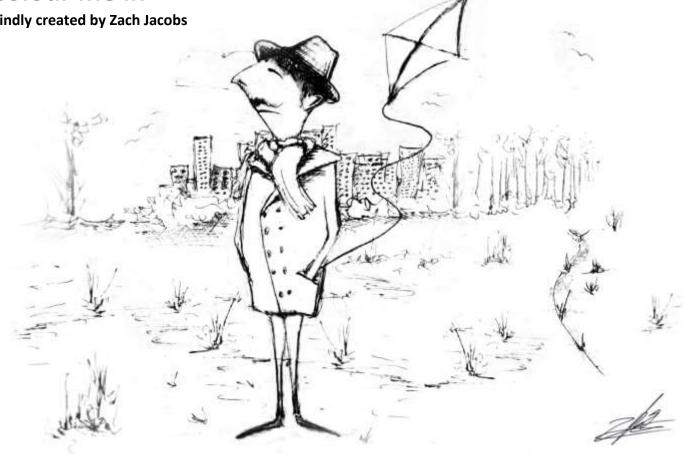
We also had involvement in four very serious motor vehicle collisions. All these collisions were avoidable and directly related to driver error.

- A motorcycle rider received serious injuries as a result of being hit by a turning car on Longwarry / Nar Nar Goon Road, Bunyip, during the afternoon.
- A speeding car ran into the rear of a Ute which was travelling at 100km whilst both were westbound on Princes Hwy, Bunyip, at 5:15am. This caused major traffic disruptions and all city bound traffic had to be diverted through Bunyip.
- A 91 year old Carrum Downs man travelling south on Tynong North Road had a collision with a car on the Princes Hwy while he was attempting to cross the highway intersection. The man sadly passed away, while his passenger and the three occupants of the east bound car were taken to hospital.
- We were first on scene at a chaotic and tragic collision in Berwick which involved multiple cars and a pedestrian.

I know I keep saying thanks for all the good community stuff happening, but it is genuinely great to see the majority of the local communities all brought together on occasions such as the ANZAC Day commemoration. Well done to the RSL, CFA and all the other people who bring it together for us.

Colour me in

Kindly created by Zach Jacobs



Australian Business Register

By Sue Neilson

Recently the Bunyip & District Community News received a letter from the Australian Business Register (ABR) stating that our contact details were out of date. Our Secretary phoned to change the details and was told he wasn't an authorised contact person. When he questioned the operator as to whom the authorised person was, he was told that they couldn't give that information out.

Another longer serving committee member rang to see if they could update the information and was given the same information. Now the Secretary will await a form by post from the ABR, fill it in, nominate the new contacts and provide a copy of the minutes that state who the nominated persons are!

It has also come to our attention that another community group has gone through this process and spent many hours on the phone trying to get understandable information from the operator. When said the authorised person had moved away or could be deceased the operator could not tell caller what needed to be done, hence the time spent on the phone call.

We were told that it is a legal requirement when the authorised people change on committees etc. that before they step down they must contact the ABR and authorise the next authorised person.

So avoid time spent on the phone and update your information regularly!

From the Editor...

Thanks Jacqueline Early

I'd like to thank Jacqueline Early from Inspired to Shine for her wonderful contributions. She will no longer be writing regular articles for the newsletter as she is now concentrating on her studies as a teacher's aide. We wish Jacqueline all the best in her future endeavours.

Keep in touch with your community and **'Follow'** our Facebook page "Bunyip and District Community News". 'Post' your club or community event or 'Like' a photo taken by a local. If you need more information you can email facebook@bunyipnews.org.au.

> Find us on Facebook



Bunyip & District Community House

27 Main St. Bunyip 3815

Website: www.bdch.com.au Phone: 5629 5877 Email: admin@bdch.com.au



Opening Hours: Monday, Tuesday, Wednesday and Friday – 9:30am to 4:00pm; Thursday –10:00am to 3:00pm All participants are required to be financial members of the Community House for insurance cover. Annual Bunyip & District Membership costs are \$6.00 for individuals and \$12.00 for families. Bunyip & District Community House is closed on Public Holidays and during school holidays.

COMMUNITY PLAYTIME **HELP NEEDED!**



Unfortunately the Community Playtime Group is currently in recession until a new committee can be found.

If you are able to help out please contact Davina on 03 5629 5877 for further information.

Cuppa & Chat with Rose & Kath



Thursdays 1pm to 3pm

Call in to the Bunyip & District Community House and have a cuppa with Rose and Kath who are here every Thursday afternoon and are waiting to meet you.

FLAX WEAVING

Expressions of Interest

Flax Weaving Workshop?

Please contact Davina on

or if interested in attending.

Are you interested in attending a



BDCH FASHION DEMONSTRATION FOR

Your are invited to join our

BDCH Postie Fashion Demonstration

Anne will show you the latest winter range.

When: Monday 26th June at 1pm Where: BDCH, 27 Main St, Bunyip Come and enjoy good company and a yummy

afternoon tea. Contact Davina on 03 5629 5877 for further information. All welcome!

Do you need information on any of our activities? Check our website, www.bdch.com.au or call us on 03 5629 5877.



Christmas in July and BDCH 15th Birthday celebration

Bus trip to Red Tree Gallery, then on to lunch at Parnassus

When: Wednesday 19th July Where: Bus to leave from **Bunyip Community House** Cost: To be advised



Booking is essential to avoid missing out! Contact Davina on 03 5629 5877.

COMPUTERS AND IPADS

Would you like to learn how to use a computer, iPad or Android tablet?

You may like to just make Hallmark cards using your own photos. Our classes are designed with you in mind. Computer classes are held on Wednesday or Thursday from 10am to 12 noon. Our iPad classes with AJ are held on Fridays from 1pm, and Android classes are available on request.

Contact Davina on 03 5629 5877 for information.



Come and join us on Wednesday 7th June at 1pm at BDCH 27 Main St, Bunyip for a candle party! View a great range of scented candles for sale. Afternoon tea provided. Contact Davina on 03 5629 5877.

ART WITH JUDY

Folk Art Tuesdays 10am to 12noon

Art Class For Beginners Tuesdays 4:00pm to 5:30pm

Phone on 03 5629 5877 to book for either class.



Community Calendar

MAY / JUN 2017

★ Public Holiday

MON	TUE	WED	THU	FRI	SAT	SUN
15	16	17	18	19 2pm Hillview Blumes Fashion Show	20	21 2pm–4pm RSPCA Million Paws Walk
22	23	24 6pm Gippsland Network Event	25	26	27	28 9am–2pm Bunyip Community Market
29	30	31	1	2	3 3pm Bonfire at Buneep	4
5 World Environment Day	6	7 1pm BDCH RP Candle Party	8 World Oceans Day	9	10	11
12 ★ Queen's Birthday	13	14	14	16	17 6:30pm Garfield Angling Club's Surf & Turf Night	18
19	20	21	22	23	24	25

When you book an ad with Bunyip & District Community News or place a notice, your event, AGM, community gathering will be added to the community calendar for **FREE!**

Local Automated External Defibrillators (AEDs)

BUNYIP

Bunyip & District Community Bendigo Bank® Branch – 18 Main St Bunyip Fire Brigade Station – 15 Pearson St Bunyip Recreation Reserve – Nar Nar Goon-Longwarry Rd Bunyip & District Men's Shed – 22 A'Beckett Rd (off Anderson St) Hillview Bunyip Aged Care – 22 A'Beckett Rd IGA Supermarket Foyer – 2/6 Main St

CANNIBAL CREEK

Cannibal Creek Reserve – 133 Garfield North Rd

GARFIELD

Garfield Bowling Club – Beswick St

Garfield Golf Club – 180 Thirteen Mile Rd Garfield Post Office – 77 Main St

Garfield Recreation Reserve – Beswick St

LONGWARRY

Longwarry Fire Brigade Station – 15 Bennett St

MARYKNOLL

Maryknoll Fire Brigade Station – 16 Koolbirra Rd Maryknoll Recreation Reserve – Marrakilla Rd

NAR NAR GOON

Nar Nar Goon Fire Brigade Station – 6 Carney St Nar Nar Goon Recreation Reserve – Spencer St

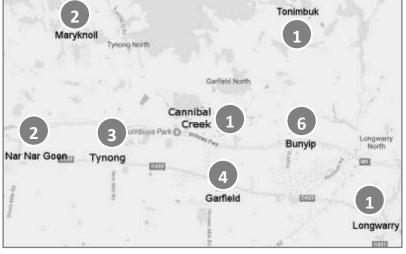
TONIMBUK

Tonimbuk Equestrian Centre – 370 Sanders Rd, Bunyip North



Rotary (





TYNONG

Tynong Fire Brigade Station – 47 Nar Nar Goon-Longwarry Rd Tynong Recreation Reserve – Park Rd Tynong Post Office, General Store – 40 Railway Ave

Community Contacts

community contacts	Paolone Corroll 02 5(20 5205
A Bunyip Animal Rescue Network animalrescue@dodo.com.au www.speakforanimals.info/barn2017	Raelene Carroll – 03 5629 5295 Bunyip & District Toy Library Hayley – 0400 103 644 (Located at the Maternal Child
Bunyip & District Agricultural Society Joan Harrison – 0429 550 605	 Health Centre on Thursday 9:30 am–10:30 am) Bunyip Country Women's Association Wendy Earwicker – 03 5629 9241 (Meeting at 10 am to
 (Meets at 8 pm on 3rd Wednesday at Bunyip Hall) Bunyip Cemetery Secretary Karen Rovers – 0499 295 772 or 	1 pm on 4th Friday at Hillview Aged Centre) Community Clubs
bunyipcemetery@dcsi.net.au	B Bunyip Bulls Basketball Club
Bunyip & District Community House Davina Veenstra – 03 5629 5877 or admin@bdch.com.au	Donna Deken – 0409 193 951 Garfield Bowling Club Maureen Lamport – 03 5629 6014
F Bunyip & District Fire Station 1800 240 667 or 000	Longwarry Bowls Club Trevor or Judy Eastwell – 03 5623 3631 or
 Bunyip Hall Hire Sue Anderson – 0407 834 443 or <u>susananderson@dcsi.net.au</u> Bunyip Historical Society 	Ken White – 03 5625 4034 F Bunyip Football Club Secretary Gina Dowie – 0422 335 660 or bunyip.f.c@bigpond.com
03 5629 5966 (Meets bi-monthly) J Justice of the Peace (JP) Martin F. Sayers (OAM, JP) – 0411 074 468 or	Bunyip Junior Football Club President Noel Mollison – 0438 513 443 or <u>noelxchloe@bigpond.com</u>
03 5629 5339 Bunyip Landcare Group Sue Anderson – 03 5629 5587 or <u>susananderson@dcsi.net.au</u>	 Bunyip Netball Club Secretary Casey Walker – 0421 903 056 or <u>bunyipnetballclub@hotmail.com</u> Densis Detab Markers Club
Cannibal Creek Landcare Group	P Bunyip Patch Workers Club Barb – 03 5629 4326
 Pam Cunningham – 0407 876 935 Bunyip Community Market Tony Arrigo – 0407 563 441 (Last Sunday each month) 	Bunyip-Garfield Probus Club Secretary – 03 5625 4350 (Meets at 10 am 1st Tuesday each month at Garfield Community Hall)
Longwarry & District Fire Brigade Market Janine – 0419 158 946 (1st Sunday each month – March to December)	Bunyip Pony Club Jim Fraser – 03 5629 4358 or Lisa Hocking – 03 5629 5259 (Every 2nd Sunday Pound Road Reserve)
Bunyip Medical Centre 03 5629 5111	Lillico Pony Club Bree – 0458 828 782 (Every 4th Sunday Pound Rd Reserve)
Bunyip & District Men's Shed Secretary Allen Berry – 03 5629 6140 or 0429 296 140 (Meets each Wednesday 9:30 am to 2:00 pm)	 Rotary Club of Bunyip-Garfield Graeme Squires – 0417 105 598 (Dinner meeting each Wednesday at 6:30 pm)
 Bunyip Community Op Shop 03 5629 6117 (After hours Tony Arrigo – 0407 563 441) 	S Garfield Senior Citizens Club 03 5629 2586
 Bunyip Playgroup Beth Frances – 0421 863 923 or Dave Sempel – 0409 382 631 (Held Wednesday mornings during the 	Bunyip Singers Club Dorothy Myers – 03 5629 5601 (Meets at Bunyip Hall every Monday 9:30 am)
school term) Bunyip Police Station 03 5629 5205 or 000	Bunyip Slimmers Club Sandra Hogan – 03 5629 9548 (Meets every Wednesday at Bunyip Uniting Church)
R Bunyip R.S.L Sub-Branch David Papley – 0438 295 568	Bunyip & District Soccer Club Adrian Gatti – 0417 590 830
S Bunyip Scouts Australia Steven Agnoleto – 0408 395 792 or <u>agots@bigpond.com</u>	TBunyip Tennis ClubAnne Marie Helmore – 0408 295 626
Bunyip & District SES 1800 240 667 or 000	U Bunyip Uncle Bobs Club Barry Turner – 03 5625 4830
DOES YOUR LOCAL CLUB / COMMUNITY GRO	OUP DETAILS NEED TO BE ADDED OR UPDATED?

S Anglican Church of St Thomas Bunyip

DOES YOUR LOCAL CLUB / COMMUNITY GROUP DETAILS NEED TO BE ADDED OR UPDATED? Let us know your details and get more people involved.

Date:

The Hon. Richard Wynne, MP Minister for Planning Level 16, 8 Nicholson Street EAST MELBOURE VIC 3002

Dear Minister,

RE: Proposed Quarry in Bunyip North

I am writing to you regarding a proposal to create a large granite quarry on a greenfield site in Bunyip North. The proponent of this new quarry is Hanson Materials. They acquired the grazing property in 2007 with a view to using it for their new quarry. In addition they purchased the adjoining property that was originally used as an equestrian facility. The total land now owned is 691 acres.

The area in which these properties are located totally relies on natural water supply for its existence. The construction of a quarry on this huge site includes the removal of the natural undulating land, the blasting and drilling down many metres through the granite with a view to achieve the extraction of over 2 million tonnes of mineral each year for 100 years.

This activity will totally destroy all existing groundwater, stopping springs from running, terminating flows into watercourses and to the nearby rivers, eliminating the many dams in the area used for stock watering and depleting the artesian basin with the many bores they plan to drill. The rivers cannot survive this loss of water flow and the wildlife that use this area to live in and to traverse through to adjoining areas will equally be unable to survive.

The area is also agricultural with orchards, vineyards and cattle farming making up most of the primary production activity – without water there will be no agriculture in the area and this will be a key loss for all concerned and the state as a whole.

My opposition is that this proposal is to locate a huge new quarry in the middle of 200 residents and it is certain to damage our water supply, our agriculture, the environment and the amenity of the area. These losses are significantly out of proportion to the benefits (if any) to be gained from having the quarry here.

I understand that in 2015 you reviewed a submission on the proposed quarry from Hanson and you recognised that this large Greenfield quarry project had 'potential for significant environmental effects, in particular biodiversity, hydrology, groundwater and Aboriginal Cultural Heritage values' and ordered an Environmental Effects Statement (EES) to be undertaken.

I now understand the EES will be commencing in 2017 and in order to be comfortable that all appropriate areas of concern with this new development are adequately addressed. I would like to ensure that the proponents do not overlook the following vital aspects of impact to the area in their scoping documents, including but not limited to the following.

- Water quality and access
- Air quality from dust
- Noise from blasting and quarry traffic
- Protection of unique flora and fauna
- Risk to endangered wildlife

- Increased traffic, road safety and diesel pollution
- Lost of Agricultural land for area
- Neighbouring farmers
- Aboriginal cultural significance
- Mt Cannibal tourism and recreation

In addition I want to be sure that the proposer engages with my community's representatives (Mt. Cannibal & District Preservation Group Inc) during the development of the EES and upon its completion to ensure that our voice is heard. Your assistance in obtaining these basic objectives would be much appreciated.

Yours sincerely,

Address

Date / /
